

Comms 101

Topic: The Day's Off, Not Us

Partner 1: Hey! Welcome home. Hope you're hungry – dinner is on the way.

Partner 2: Oh, thanks.

Partner 1: I hope it's cool I got your usual.

Partner 2: That's fine.

Partner 1: You don't seem very excited...

Partner 2: Sorry. It's not you or the food.

Partner 1: OK, just checking in... but seriously, how are you feeling? How was your day?

Partner 2: I'm exhausted. Work was just a lot today.

Partner 1: You feel like you want to vent, or do you want solutions?

Partner 2: Honestly, I think I just want some fried rice and a hug right now.

Partner 1: I got you. Let me know if you want to talk more about it, though. You know I'm always game to listen. Now, about that hug...

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