

Feelings, Wants, and Needs

Topic: Finding Time for Us

Partner 1: How's your day been?

Partner 2: It's been really productive! You?

Partner 1: Aw, good, I'm glad to hear that. I'm alright, but there's something on my mind. Lately I feel like we're not spending enough time together.

Partner 2: We just had a game night at Sarah's last night.

Partner 1: Yeah, but that's with all our friends. It bums me out we don't spend more quality time together. Just us, one on one.

Partner 2: I'm sorry, I didn't realize you felt that way. I'd invite you over tonight, but I have to study. You could come to my place tomorrow?

Partner 1: Are your roommates going to be there?

Partner 2: Well, yeah. I can't just tell them to get lost.

Partner 1: I completely understand that, but then it's kind of awkward not to include them.

Partner 2. Good point. Let's do your place instead.

Partner 1: Deal.

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